



Fatherhood

**10 Ways To Be A Better
Dad**

Respect Your Children's Mother

- **One of the best things a father can do for his children is to respect their mother.**
- **If you are married, keep your marriage strong and vital. If you're not married, it is still important to respect and support the mother of your children.**
- **A father and mother who respect each other, and let their children know it, provide a secure environment for them.**
- **When children see their parents respecting each other, they are more likely to feel that they are also accepted and respected.**



Baby Wearing Products From Infant to Toddler

Spend Time With Your Children:



- **How a father spends his time tells his children what's important to him.**
- **If you always seem to busy for your children, they will feel neglected no matter what you say.**
- **Treasuring children often means sacrificing other things, but it is essential to spend time with your children.**
- **Kids grow up so quickly. Missed opportunities are forever lost.**



Earn The Right To Be Heard:



- **All too often the only time a father speaks to his children is when they have done something wrong.**
- **That's why so many children cringe when their mother says "Your father wants to talk with you."**
- **Begin talking with your kids when they are very young so that difficult subjects will be easier to handle as they get older.**
- **Take time and listen to their ideas and problems.**



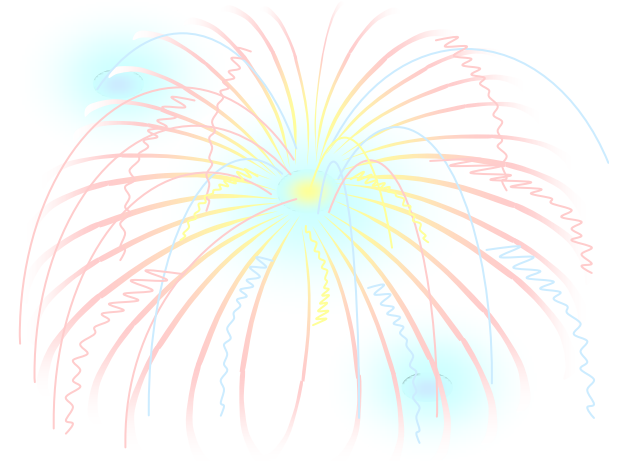
Discipline With Love:



- **All children need guidance and discipline, not as punishment, but to set reasonable limits.**
- **Remind your children of the consequences of their actions and provide meaningful rewards for desirable behavior.**
- **Fathers who discipline in a calm and fair manner show love for their children.**



Be A Role Model:

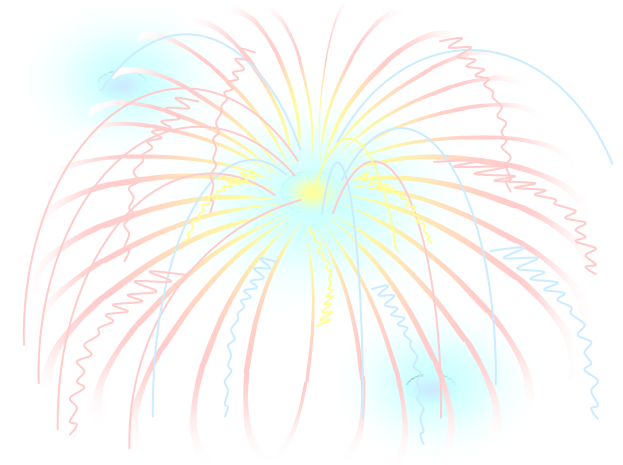


- **Fathers are role models to their kids whether they realize it or not.**
- **A girl who spends time with a loving father grows up knowing she deserves to be treated with respect by boys, and what to look for in a husband.**
- **Fathers can teach sons what is important in life by demonstrating honesty, humility and responsibility.**
- **"All the world's a stage..." and a father plays one of the most vital roles.**



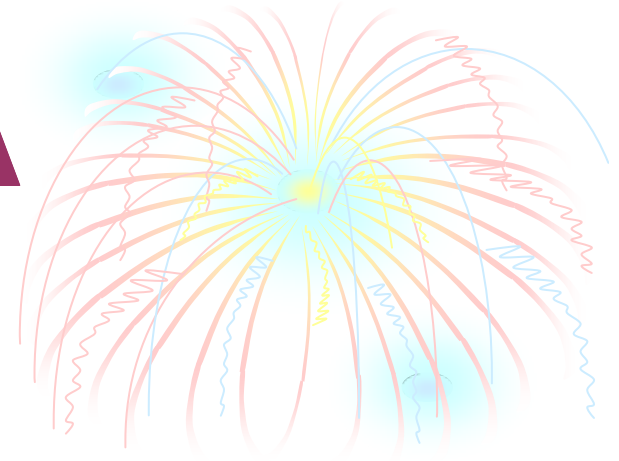
Be A Teacher:

- **Too many fathers think teaching is something others do.**
- **But a father who teaches his children about right and wrong, and encourages them to do their best, will see his children make good choices.**
- **Involved fathers use everyday examples to help their children learn the basic lessons of life.**



Eat Together As A Family:

- **Sharing a meal together (breakfast, lunch or dinner) can be an important part of healthy family life.**
- **In addition to providing some structure in a busy day, it gives kids the chance to talk about what they are doing and want to do.**
- **It is also a good time for fathers to listen and give advice.**
- **Most importantly, it is a time for families to be together each day.**



Read To Your Children:



- **In a world where television often dominates the lives of children, it is important that fathers make the effort to read to their children.**
- **Children learn best by doing and reading, as well as seeing and hearing.**
- **Begin reading to your children when they are very young.**
- **When they are older encourage them to read on their own.**
- **Instilling your children with a love for reading is one of the best ways to ensure they will have a lifetime of personal and career growth.**



Show Affection:

- **Children need the security that comes from knowing they are wanted, accepted and loved by their family.**
- **Parents, especially fathers, need to feel both comfortable and willing to hug their children.**
- **Showing affection everyday is the best way to let your children know that you love them.**



Realize That A Father's Job Is Never Done:

- **Even after children are grown and ready to leave home, they will still look to their fathers for wisdom and advice.**
- **Whether it's continued schooling, a new job or a wedding, fathers continue to play an essential part in the lives of their children as they grow and, perhaps, marry and build their own families**

