

# Growth and Developmental Steps



- Babies en Toddlers grow and develop at their own pace, but usually can do the following activities by the age listed.





# 3 Months

## TYPICAL ACTIVITIES

- ❖ Pushes up head and chest when on tummy
- ❖ Moves body actively in response to voices
- ❖ Chuckles, coos
- ❖ Enjoy touch
- ❖ Turns head toward sounds
- ❖ Smiles, watches faces and objects
- ❖ Kicks feet, moves hands
- ❖ Brings hands to mouth



# INDICATORS FOR CONCERN

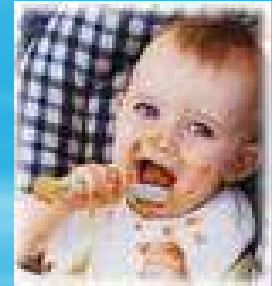
- Does not watch moving objects
- No startle to sound





## 6 MONTHS TYPICAL ACTIVITIES

- ❖ Rolls from stomach to back
- ❖ Has good head control
- ❖ Laughs while playing
- ❖ Reaches and grasps toys, objects
- ❖ Has predictable sleep pattern
- ❖ Moves object from hand to hand
- ❖ Sit, but may need support
- ❖ Babbles more than 2 sounds



# INDICATORS FOR CONCERN

- Unable to roll over
- Difficulty lifting head
- Does not turn head to direction of sound



# 9 MONTHS

## TYPICAL ACTIVITIES.

- ❖ LOOKS FOR HIDDEN TOY
- ❖ Throws toys or objects
- ❖ Pulls self up, stands while holding on
- ❖ Feeds self finger food such as cereal or bread.
- ❖ Imitate sounds such as “ahh” or “ooh”



# INDICATORS FOR CONCERN

- Unable to sit by self
- Difficulty by picking up objects
- Not imitating or babbling

# 12 MONTHS

## TYPICAL ACTIVITIES.

- ❖ Pulls self up and stands
- ❖ Says “Mama”, “Baba” or “dada”
- ❖ Begins to follow simple directions (please come here, drink your juice)
- ❖ Waves bye-bye
- ❖ Presses buttons on phone, toys
- ❖ Enjoys being read to



# INDICATORS FOR CONCERN

- Does not use single words like “Mama” or “dada”
- Difficulty crawling
- Needs to use hand to maintain sitting

# 15 Months

## TYPICAL ACTIVITIES.

- Stands and steps towards or walks
- Knows and says four or five words
- Helps to dress by holding our arms or legs
- Curious will explore on own

# INDICATORS FOR CONCERN

- Unable to stand alone
- Does not point to objects, people
- Does not hold own cup

# 18 Months

## TYPICAL ACTIVITIES

- Walks well, runs a little
- Scribbles
- Refers to feed self
- Knows names of things, people
- Plays along side other children
- Squats to pick up toy
- Beginning pretend play

# INDICATORS FOR CONCERN

- Unable to walk without help
- Does not say at least 15 words.
- Not able to feed self with spoon.

# 24 Months

## TYPICAL ACTIVITIES

- Kicks large ball
- Recognizes familiar pictures, books
- Simulation and engages in pretend to play (using spoon as an airplane)
- Uses 2 or 3 words together in a sentence
- Says “mine”
- Jumps in place

# INDICATORS FOR CONCERN

- Does not follow simple directions
- Does not pretend play
- Walks on toes
- Difficulty holding large size crayon

# 36 Months

## TYPICAL ACTIVITIES

- Feeds self
- Walks up steps
- Says at least 3 words sentences
- Responds to feeling of others
- Completes 3-4 piece puzzle
- Takes turns during play
- Shows interest in potty training

# INDICATORS FOR CONCERN

- Words/speech not understood by others
- No interest in other children
- Poor balance, falls frequently